

Homeopathy

Homeopathy is a safe, effective, drug free approach to dealing with your health & mental well being. It gently corrects the underlying imbalances in your body by stimulating your own body's healing responses in a non-evasive way thus restoring your body & mind back to optimum health & vitality.

It may be able to treat a huge range of conditions both emotional & physical including hormonal health, anxiety, depression, CFS, IBS, pain management, children's illnesses, asthma, eczema & much more.....

1st Consultation upto 90 mins.

Adults.....£70.00

.....Under 18's.....£55.00

Follow up Consultations upto 45 mins.

Adults.....£55.00

.....Under 18's.....£45.00

Follow up appointments are usually 4-6 weeks later.

Acute Homeopathic Consultation

20 mins.....£20.00

Bach Flower Remedies

These wonderfully effective remedies can treat the mental & emotional problems that underlie so many physical ailments. There are 38 remedies to

choose from giving a wide spectrum of emotional issues to cover. They are so gentle that they can safely be used on any age (children included) & are a perfect complement to any of the other treatments I offer. Well worth a try.

1st Consultation + Flower blend..£20.00

Repeat Prescription blend.....£10.00

Life Coaching

To help you move forward in your life to make the changes that you have always wanted to make. A detailed examination of what is really important to you to help you make the decisions to enable you to lead a richer & more fulfilling life. This is a great way of discovering yourself60mins.....£50.00

Reflexology (A.R.T. & V.R.T.)

Reflexology works by stimulating reflex points on the feet, which in turn balances the flow of vital energy that moves between our internal organs, thus calming or stimulating as is deemed necessary.

Advanced Reflexology Techniques (ART) & Vertical Reflexology Techniques (VRT) allow deeper access to the foot reflexes which may help balance hormone imbalances in menopause, PMS, & thyroid problems.

1st Consultation & treatment.....£47.00

Follow up treatment.....45mins...£37.00

Pregnancy Reflexology

This is a combination of Reflexology, Reiki & nutritional advice along with lifestyle recommendations. Many couples are experiencing problems even though they have been cleared of any health issues.

This combination of treatment allows for deep relaxation, along with harmonising the hormonal system & is excellent at calming the emotions which are often very heightened with the stress of not conceiving.

It allows me to fine tune your requirements to allow your body the optimum chance of conceiving.

A minimum of 8 treatments is advised.

1st Consultation & treatment.....£52.00

.....60mins.....£42.00



Reiki

The word Reiki (pronounced Ray Key) is Japanese for Universal Life Force Energy.

A Reiki treatment is a gentle touch in which the client lies on the couch fully clothed. Energy is channelled through the therapist's hands on both the front & back of the body. Often warmth & relaxation are felt.

Reiki can be beneficial & effective regardless of the client's beliefs or the intensity of their experience of the treatment. The aim is to establish a general balance within the body so that the body can heal itself. It is excellent for any physical & emotional conditions.

Advanced Reiki techniques includes the use of crystals, pendulum & mantras which help intensify the healing experience by cleansing, balancing & harmonising the chakras and aura.

1st Consultation & treatment.....£47.00
.....60mins.....£37.00

Opening Hours:

Mon – Thurs

10am – 7pm

Fri 10am – 6pm

Sat 9am-12.30pm

*Cash, cheques, Paypal, Bacs transfer, debit
& credit cards accepted*

**24 HOURS NOTICE OF CANCELLATION
IS REQUIRED OR A FULL TREATMENT
CHARGE WILL BE MADE.**

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Thefamilyhomeopath.co.uk

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Practitioner

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